



CONFERENCE ON THE HEALTH OF YOUNG PEOPLE: BE HEALTHY, BE YOURSELF

Theme 6 – Education as a driver for a better health

10 July 10.45 – 12.00

Room : Sicco Mansholt

Chair Name	Curricula notes
François Decaillet	Senior adviser WHO-Regional Office for Europe 14 Rue Montoyer, 1000 Brussels, Belgium Tel: +322 5064662 Mobile: +32499934394 decailletf@who-eu.be
Co-Chair Name	Curricula notes
Anne Marie Le Claire	DG Education and Culture D1- Youth Policy Mado 18/025 1049- Brussels Tel: (32) 2 296 6188 E-Mail: anne-marie.le-claire@ec.europa.eu
Kadri Vanem	European Youth Forum kadri.vanem@youthforum.org

Short summary of the theme:

Education can play a fundamental role to impact positively on the physical, mental and emotional health of young people, in other words can be a driver for a better health. Through education, schools can not only influence health during the childhood years but also the attitudes and behaviours which young people will subsequently take into their adult life and which will be significant determinants of their long-term health.

This is both a matter of how health issues are being dealt with in the school curricula, and also about how the school itself can become a healthy setting and the school environment can be used to pass on health promotion messages to students and teachers.

Key questions for the discussion:

1. The new EU Youth Strategy adopted by the Commission in April proposes to "develop ... cooperation between school, families and local communities": could the development of school communities integrated in the environment of the students have a positive impact on the health of young people.
2. Role models are important to promote healthy life styles among young people: how could schools encourage alumnis, students who are youth leaders or popular among students to play this role?
3. How can peer-to-peer education be fostered?

Steer for the Chair and Co-Chair

The parallel session will last 75mn and should cover 3 elements:

- the first one for the presentations by the speakers that should not last more than 10mn each and to be followed by a Q&A slot (+/- 45mn);
- the second one for an open debate based on the Key questions prepared for that session (+/- 15mn);
- the third one for the Chair with the help of the Co-chair to present (on a PPT slide) and discuss with the panel and participants 3 to 4 key points that emerged from the presentations and debates that could constitute the parallel session outcomes to be presented by the Chair in plenary the following day (+/- 15mn).

Speaker 1	Goof Buijs	gbuijs@nigz.nl
Curricula notes:		
<p>Manager of the Schools for Health in Europe network – SHE network – He is employed by the Netherlands Institute for Health Promotion NIGZ. He graduated at Wageningen University in Human Nutrition (1980) and started his career as teacher trainer in health science in the Free University teacher trainer institute in Amsterdam.</p>		
Theme of the presentation: "<u>Acting for better schools, leading to better lives</u>"		
<p>Youth happiness in Europe. Vilnius resolution June 2009. Health at schools. Benefits of this approach.</p>		

Speaker 2	Soula laonnou	soulaioannou@cytanet.com.cy
Curricula notes:		
<p>.....</p> <p>.....</p>		
Theme of the presentation (in 3 lines):.....		
<p>.....</p> <p>.....</p> <p>.....</p>		

Speaker 3	Bjarne Brunn Jensen	bjbj@steno.dk
Curricula notes:		
<p>Professor and vice president at Steno Health Promotion Center in Copenhagen. He has published widely in the area of young people and health promotion. He has been the national coordinator for Health Promoting Schools and has been involved in organising the three European conferences on Health Promoting Schools. Lately he has been involved in the European project Shape Up (www.shapeupeurope.net). At the moment he has the task to build up a new research and development center in the areas of health promotion, prevention and education.</p>		
Theme of the presentation (in 3 lines):.....		
<p>.....</p> <p>.....</p> <p>.....</p>		

Speaker 4	Luiza Bara	luiza@epha.org
Curricula notes:		
<p>Head of Policy at the European Public Health Alliance- EPHA. Before joining EPHA, she was the Head of the Policy Development and Advocacy Department of the European Youth Forum. She has an academic background in political sciences and European policies.</p>		
Theme of the presentation:		

- the role of education in life
- types of education: formal, non-formal, informal
- the role of health advocates in educating society
- "Youth sells"- conflicting messages from various actors in society
- How to communicate in a way that young people want to listen to messages?

Speaker 5

Marie-Hélène Cussac marie-helene@generation-europe.eu.com

Curricula notes:

Communication manager at Generation Europe Foundation. Editor of GE Vibes (19-29 year olds). Editor of the Europa Dairy, 3.5 million copies in EU (15-18 year olds).

Theme of the presentation: "Education as a driver for a better health. Which education?"

Young people involvement in decision making over policies that address them. Generation Europe survey on EU young people opinion over their health and health policy. It is about communication more than the amount of information.